



FAITH COMMUNITY ASSESSMENT

DATE: ___/___/___

GENERAL INFORMATION

Name of faith community: _____

Street Address: _____

City/Town: _____

County: _____

State: _____

Zip Code: _____

Phone number of Faith Community (XXX-XXX-XXXX): _____

1. What is the faith tradition of the faith community represented in this assessment? (Categories taken from the Association of Religion Data Archives and the Pew Research Center).

- Adventist
- African Methodist
- Anabaptist
- Assemblies of God
- Baha'i
- Baptist
 - Southern
 - Independent
 - American Baptist Churches USA
 - National
 - Progressive
 - Missionary
 - Independent
- Bible Church
- Brethren
- Buddhist

- Catholic/Roman Catholic
- Chinese Folk Religion
- Christian & Missionary Alliance
- Christian
- Christian Science
- Church of Christ
- Church of God
- Church of the Nazarene
- Congregational
- Disciples of Christ
- Episcopal/Anglican
- Hindu
- Holiness
- Jehovah's Witness
- Jewish
- Latter-day Saints
- Lutheran
 - Evangelical Lutheran Church in America
 - Lutheran Church
 - Other Lutheran
- Mennonite
- Methodist
 - United
 - African Methodist Episcopal
 - Other Methodist
- Muslim
- Orthodox (Eastern, Russian, Greek)
- Pentecostal

- Assemblies of God
- Church of God in Christ
- Church of God
- Other Pentecostal
- Presbyterian
- Quaker/Friends
- Reformed Church of America/Dutch Reformed
- Seventh-day Adventist
- Unitarian Universalist
- United Church of Christ
- Non-denominational Christian
 - Evangelical
 - Charismatic
 - Interdenominational in evangelical trad.
 - Nondenominational fundamentalist
 - Interdenominational in mainline trad.
 - Other nondenominational
- No religion
- Other
- Don't Know



FAITH COMMUNITY ASSESSMENT

2. What is your role?
- Pastor/Priest/Rabbi/Imam Deacon Member
 Faithful Families Lay Leader Faithful Families Facilitator Other, please specify: _____
3. About what percentage of the faith community is made up of: (Must total 100)
- ___ African Americans ___ American Indians ___ Asian Americans
 ___ Hispanics ___ Whites ___ Other
4. About how many members are in the faith community: _____
5. About what percentage of the faith community is: (Must total 100) ___ Male ___ Female
6. About what percentage of the faith community are ages: (Must total 100)
- ___ 0 – 5 years ___ 6 – 18 years ___ 19 – 64 years ___ 65 +

HEALTH AND WELLNESS INFRASTRUCTURE	YES	NO	NOT SURE
7. Does the faith community have “health” as part of its creed or mission statement?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Does the faith community have an active health team or committee?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. Does the faith community have a person appointed to be responsible for health-related activities?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. Does the faith community have a lay health advisor program? (Program in which community members receive specialized training that prepares them to promote wellness through outreach and education).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. Has the faith community surveyed members on health issues in the past 12 months?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12. Does the faith community have a budget for health promotion or health-related activities?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13. Has the faith community ever established health or wellness goals for the organization/membership?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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PARTNERSHIPS AND PROGRAMS	YES	NO	NOT SURE
14. Has the faith community sponsored a health fair during the past 12 months?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
15. In the past 12 months, has the faith community offered blood pressure screening?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
16. In the past 12 months, has the faith community offered cholesterol screening?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
17. In the past 12 months, has the faith community offered blood sugar/diabetes screening?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
18. In the past 12 months, has the faith community offered healthy body weight screening (BMI)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
19. In the past 12 months, has the faith community participated in a faith community nursing program? (Program in which faith community nurses serve as health advisor, educator on health issues, provider of health screenings, etc.)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
20. Is the faith community interested in hosting a diabetes self-management education class?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
21. Is the faith community interested in hosting a diabetes prevention class series?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
22. Is the faith community interested in training people on how to monitor their blood pressure and to lower their sodium intake?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
23. Is the faith community interested in learning more about programs that control hypertension?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
24. Do any members currently represent the faith community by serving on a community health coalition or committee (e.g., fitness/nutrition council)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

PEOPLE

25. About how many of the following people are members of this faith community?

Physicians/ Doctors _____

Dentists _____

Nurses/CNAs _____

Nutritionists _____

Health Educators _____

Other Health Professionals _____

Please indicate what type of professionals: _____

PHYSICAL ACTIVITY – ENVIRONMENT	YES	NO	NOT SURE
26. Does the faith community have a gym and/or exercise room?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
27. If yes, does the faith community have written policies or guidelines that allow outside groups or individuals access to the gym and/or exercise room?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
28. Does the faith community have a walking trail?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
29. If yes, does the faith community have written policies or guidelines that allow outside groups or individuals access to the walking trail?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
30. Does the faith community have any outdoor courts or ball fields?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
31. If yes, does the faith community have written policies or guidelines that allow outside groups or individuals access to any outdoor courts or ball fields?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
32. Does the faith community have a playground?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
33. If yes, does the faith community have written policies or guidelines that allow outside groups or individuals access to the playground?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
34. Does the faith community have a classroom/meeting room?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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PHYSICAL ACTIVITY – ENVIRONMENT	YES	NO	NOT SURE
35. If yes, does the faith community have written policies or guidelines that allow outside groups or individuals access to the classroom/meeting room?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
36. Does the faith community have an athletic/open field space?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
37. If yes, does the faith community have written policies or guidelines that allow outside groups or individuals access to the athletic/open field space?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
38. Does the faith community have any other facilities used by an outside group or individual?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
39. If yes, does the faith community have written policies or guidelines that allow outside groups or individuals access to these facilities?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

PHYSICAL ACTIVITY – POLICIES AND LEADERSHIP	YES	NO	NOT SURE
40. Does the faith community have a policy supporting physical activity opportunities at meetings or functions (e.g., walks, exercise breaks)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
41. Has the faith community provided physical activity opportunities at meetings or functions in the past 12 months (e.g., walks, exercise breaks)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
42. Has leadership promoted physical activity in a presentation or sermon in the past 12 months?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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PHYSICAL ACTIVITY – GROUP SUPPORT/CLASSES	YES	NO	NOT SURE
43. Has the faith community conducted any aerobics class in the past 12 months?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
44. Has the faith community promoted walking clubs in the past 12 months?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
45. Has the faith community sponsored or supported sports teams for members in the past 12 months?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

PHYSICAL ACTIVITY – INDIVIDUAL EDUCATION/INFORMATION	YES	NO	NOT SURE
46. Has the faith community provided any individual fitness counseling in the past 12 months?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
47. Has the faith community distributed any fitness-related guides to members in the past 12 months?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
48. Has the faith community promoted physical activity through posted information in the past 12 months (e.g., bulletin boards, posters, flyers, leaflets)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
49. Has the faith community promoted physical activity in the bulletin, program or newsletter in the past 12 months?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
50. Has the faith community promoted physical activity on the faith community website in the past 12 months?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
51. Does the faith community have a relationship with a fitness club to offer discounted rates for faith community members?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
52. If the faith community supports physical activity in other ways, please state here:			

NUTRITION – ENVIRONMENTS	YES	NO	NOT SURE
53. Does the faith community have a cooking, kitchen, or hospitality committee?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
54. Does the faith community have a kitchen/cafeteria or place to prepare meals?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
55. Does the faith community serve regular meals to faith community members?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
56. Does the kitchen/cafeteria have written policies or guidelines related to serving healthy meals?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
57. Does the kitchen/cafeteria serve water?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
58. Does the kitchen/cafeteria serve 100% juice?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
59. Does the faith community allow outside groups or individuals to access the kitchen/cafeteria?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
60. If yes, are there written policies or guidelines that allow groups or individuals access to the kitchen/cafeteria?			
61. Does the faith community have a garden maintained by faith community members?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
62. Does the faith community have an on-site or nearby farmers market where fresh fruits and vegetables are sold (within one mile radius from the faith community in urban areas and within five mile radius from the faith community in rural areas)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
63. Does the faith community provide a private space (other than a restroom) that may be used to breastfeed or express breast milk?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
64. Does the faith community provide access to a breast pump?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

NUTRITION – ENVIRONMENTS	YES	NO	NOT SURE
65. Does the faith community have any vending machines? (If not, please proceed to Question 71).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
66. Do the vending machines have bottled water?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
67. Do the vending machines have 100% juice?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
68. Do the vending machines have 1% or non-fat milk?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
69. Do the vending machines have healthier items (e.g., light popcorn, cereal bars, baked chips)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
70. Do the vending machines identify which items are healthier options?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

NUTRITION – POLICIES AND LEADERSHIP	YES	NO	NOT SURE
71. Does the faith community have written policies or guidelines that at all meetings and events: Fruits and vegetables be offered?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
72. Does the faith community have written policies or guidelines that at all meetings and events: 100% juice be offered?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
73. Does the faith community have written policies or guidelines that at all meetings and events: Water be offered?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
74. Does the faith community have written policies or guidelines that at all meetings and events: Low-fat items be offered?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
75. Does the faith community have written policies or guidelines that at all meetings and events: Low/no sugar items be offered?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
76. Does the faith community have written policies or guidelines that at all meetings and events: Low-sodium items be offered?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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NUTRITION – POLICIES AND LEADERSHIP	YES	NO	NOT SURE
77. Has leadership promoted nutrition in a public speech or sermon in the past 12 months?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

NUTRITION – GROUP SUPPORT/CLASSES	YES	NO	NOT SURE
78. Has the faith community had any healthy cooking classes in the past 12 months?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
79. Has the faith community offered or organized any weight loss support groups in the last 12 months?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
80. Has the faith community provided any other nutrition-related classes or groups in the past 12 months?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
81. Does the faith community provide breastfeeding support groups or educational classes?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

NUTRITION – INDIVIDUAL EDUCATION/INFORMATION	YES	NO	NOT SURE
82. Has the faith community provided any individual weight control or nutrition counseling in the past 12 months?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
83. Has the faith community distributed any nutrition guides or healthy recipes (including cookbooks) to faith community members in the past 12 months?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
84. Has the faith community promoted nutrition through posted information (e.g., bulletin boards, posters, flyers, leaflets) in the past 12 months?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
85. Has the faith community promoted nutrition in the bulletin, program or newsletter in the past 12 months?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
86. Has the faith community promoted nutrition on the faith community website in the past 12 months?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
87. Does the faith community support nutrition in any other way (e.g., healthy food guidelines for faith	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

NUTRITION – INDIVIDUAL EDUCATION/INFORMATION	YES	NO	NOT SURE
community day care program, meals for seniors, or low-income individuals or families)?			
88. Has the faith community promoted breastfeeding in the bulletin, program or newsletter in the past 12 months?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
89. Has the faith community promoted breastfeeding through posted information (e.g., posters, flyers, leaflets) in the past 12 months?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
90. Has the faith community promoted breastfeeding on the faith community website in the past 12 months?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
91. Does the faith community support breastfeeding in any other way?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>